



PERSONAL TRAINING

Price List 01/05/2021

1:1 Personal Training

Personal Training 1:1 ~ 45 Minutes ~ \$70

Personal Training 1:1 ~ 30 Minutes ~ \$40

Bring a Friend ~ Add \$20 to session price

1:1 Sessions Upfront

10 x 30 Minute Sessions ~ \$360 (10th session free)

10 x 45 Minutes Upfront ~ \$630 (10th session free)

Group Training

Casual Session - \$20

12 Week Challenge

\$600 for UNLIMITED CLASSES

Prizes for Challenge Winners

Cook Book Included

Discount Vouchers Included

Shaker Bottle Included

Location

KSS Personal Training Studio

4/102-104 Balliang Street, South Geelong, 3220

(Back Shed)